

CARIBBEAN AFTERNOON TEA AT POT AND GRILL

Pot and Grill invites you to join them for their first Caribbean Afternoon Tea on Saturday 14 March 2015.

Celebrate international women's month by indulging in Pot and Grill's unique take on the traditional afternoon tea, Caribbean style.

This Caribbean Afternoon Tea includes finger sandwiches and mini desserts freshly made by chef Maurice Charles rounded off with a rum punch (non-alcoholic alternative available). With almost 25 years in the business, expect more than your average afternoon tea experience.

Maurice Charles, said: "There has been many versions but there is only one Pot and Grill Caribbean Afternoon Tea. Full of flavour, texture and style – come and have conversation and enjoy the ambience, listening to music to invigorate your soul".

The Caribbean Afternoon tea takes place on Saturday 14 March from 1pm to 5pm and is £14.99 or £19.99 per person with rum punch. The menu includes:

- Jerk chicken; salmon and cream cheese and avocado and salsa sandwiches
- Mango and strawberry tart; coconut and toffee tart; carrot cake and bun and cheese
- Lemon and ginger tea; Blue Mountain coffee and rum punch

Info: **Pot & Grill**, 405 Stratford High Street (4 minutes walk from Stratford station, 2 doors left of the Magistrate Court), London E15 4QZ | **Bookings:** 07951 665052 | **Twitter:** @PotandGrill / #PotandGrill | **Instagram:** @PotGrill **Facebook:** www.facebook.com/PotandGrill | **Open:** 12-9pm, Tuesday to Saturday

Further press information: to arrange a review of **Pot & Grill**, an interview with chef Maurice Charles or to request images, please contact Sophia A Jackson sophia@afridiziak.com / 07855 86 77 78.

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Notes to editor:

- **Special offer:** to celebrate the launch of **Pot and Grill**, they are offering 10 per cent off your first catering order between now and March 31, 2015.
- **Pot and Grill** is available for hire, Sunday to Monday.
- **Events:** There will be a **Pot and Grill** launch event on March 5, 2015. For further information and to be added to the invitation only, guest list, email sophia@afridiziak.com.
- **Events:** Jerk and Fish Friday – every Friday at **Pot and Grill**. Fun, music and food combo. Entertainment by Special Selexionz and guest dj's on rotation. Doors open 9pm, £15 for dinner and dance, £5 for dance only.